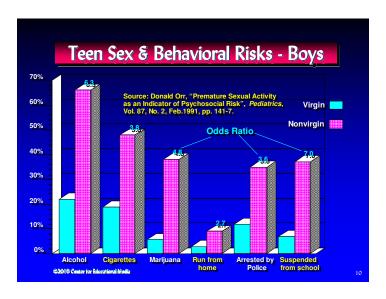
## Character & Sexual Health Education

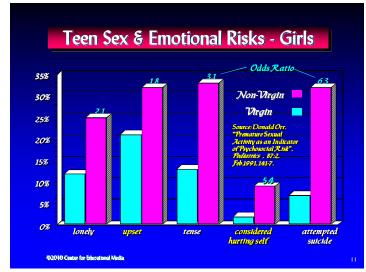


Urban Life Training raises youth leaders to develop good character and to model and teach about the benefits of sexual abstinence, in preparation for marriage and successful family formation. Urban Life Training provides Relationship Intelligence classroom education and activities to help students make healthy choices.

Did you know that in Washington DC:

- 71% of Middle School youth and 44% of High School youth have never had sex, with twice as many high school students abstaining compared to 1994?\*
- 13 % of middle and high school youth have attempted suicide, twice the national average. A study has shown that sexually active girls are **six times more likely** to attempt suicide than virgins. A number of other risky behaviors (see below) are also correlated with premature sexual activity.\*





## What Youth are Saying:

"I learned that just because you are not having sex does not meant that you are dumb or don't fit in, it just means that you would rather wait to have sex."

"I learned that the best way to prevent pregnancy or STDs and emotional damage is to be abstinent until marriage when you dedicate your mind and body to your lifetime partner"

[You should] get out and tell people to wake up; our teens and kids are dying because so many people say it's not a bad thing."

## What teachers are Saying:

"I think if we can make this program across the board even as far as trying to have it as part of the curriculum in all DC Public schools it will do tremendous justice for the students; not only for the benefit of the students but for the whole community and the school."

Contact Richard Urban, Executive Director and co-founder www.urbanlifetraining.org | 202-558-5550 | info@ultrateenchoice.org

<sup>\*</sup>Youth Risk Behavior Surveillance System: http://www.cdc.gov/HealthyYouth/yrbs/index.html; http://osse.dc.gov/sites/default/files/dc/sites/osse/publication/attachments/YRBS Report Appendix 2007-FinalSubmit.pdf